



Paso Robles Joint Unified School District

800 Niblick Road
Paso Robles, CA 93446

Allergy Action Plan

STUDENT INFORMATION

Date: _____

School Site: _____

Name: _____

Date of Birth: _____

Allergic to: _____

Body weight: _____

Parent/Guardian: _____

Phone: _____

Does Student have Asthma? Yes (higher risk for severe reaction) No

Extremely Reaction to the following:

If checked, give epinephrine immediately for **ANY** symptoms if the allergen is *LIKELY* eaten.
If checked, give epinephrine immediately if the allergen was *DEFINATELY* eaten, even if not symptoms are noted.

<p>Any SEVERE SYMPTOMS after suspected or known ingestion: <u>One or more</u> of the following:</p> <p>LUNGS: Short of breath, wheeze, repetitive cough HEART: Pale, blue, faint, weak pulse, dizzy, confused THROAT: Tight, horse, trouble breathing/swallowing MOUTH: Obstructive swelling (tongue and/or lips) SKIN: Many hives over body</p> <p>Or <u>combination</u> of symptoms from different body areas:</p> <p>SKIN: Hives, itchy rashes, swelling (eyes, lips) GUT: Vomiting, crampy pain</p>	<p>1. Inject Epinephrine Immediately</p> <p>2. Call 911</p> <p>3. Begin monitoring (See box below)</p> <p>4. Give additional medications:</p> <ul style="list-style-type: none"> - Antihistamine - Asthma Inhaler <p>(Antihistamine and inhalers are not to be depended upon to treat a severe reaction (anaphylaxis). USE EPINEPHRINE first)</p>
<p>MILD SYMPTOMS ONLY:</p> <p>MOUTH: Itchy mouth SKIN: A few hives around mouth/face, mild itch GUT: Mild nausea/discomfort</p>	<p>1. Give Antihistamine</p> <p>2. Stay with student, alert LVN/RN and parent</p> <p>3. If symptoms progress (see above)</p> <p>4. Begin monitoring (See box below)</p>

Medications/Doses

Epinephrine (Brand and Dose): _____

Antihistamine (Brand and Dose): _____

Other (inhaler for asthmatic): _____

Monitoring: Stay with student; alert healthcare professional and parent. Tell rescue squad epinephrine was given; request an ambulance with epinephrine. Note time when epinephrine was administered. A second dose of epinephrine can be given minutes or more after the first if symptoms persist or recur. For a severe reaction consider keeping student lying on back with legs raised. Treat student even if parent cannot be reached.

Parent/Guardian Signature: _____

Date: _____

Physicians Signature: _____

Date: _____

School Nurse Signature: _____

Date: _____