

# THE BEARCAT DAILY



January 7, 2019

## HAPPY NEW YEAR 2019!

### CLUBS SECTION

| <u>CLUB</u> | <u>TIME</u> | <u>ROOM</u> |
|-------------|-------------|-------------|
| Chess       | Lunch       | 508         |
| FNL         | Lunch       | 1024        |
| Interact    | Lunch       | 201         |
| CSF         | Lunch       | 1023        |
| Crims. Mag. | Lunch       | 604         |
| Robotics    | Lunch       | 403         |

### MEN'S VOLLEYBALL CONDITIONING

Anyone interested to play PRHS Men's Volleyball, please come to the Weight Room this week every day after school for pre-season workouts.

### SPECIAL OLYMPICS UNIFIED

Basketball Team Practice Unified Basketball during tutorial in the practice gym on Thursday, January 10<sup>th</sup>. Only 4 practices left before the Unified Tournament on February 28<sup>th</sup>.

### TRACK AND FIELD

Don't forget, our first practice is on Monday, January 14<sup>th</sup>. Meet up at the track with running shoes and proper athletic clothing at 3:30 PM. Make sure to have an athletic physical and Family I.D. completed before the first practice. See Mr. Carroll in room 1011 with any questions.

### BEARCAT SPORTS

No Events Scheduled

### PROJECT TEEN HEALTH

Looking to reach your health goals this year? Meet with a Health Coach from Project Teen Health to receive free, personalized health coaching, train to run our free 5Ks, or prepare your body for our fitness training sessions. Stop by our office in Room 808 or follow us on Instagram @ProjectTeenHealth to learn more!

### NO TRESPASSING!

Please do not use the area behind the district office or the golf course as a short cut. The owners of the property have posted NO TRESPASSING signs! If you are caught you will be sited.

### DRESS CODE

Please dress respectfully. Students in violation of the dress code will be offered alternative attire to wear for the day (if possible). Otherwise, parent contact will be made to bring appropriate clothing or take the student home to change. For clarification read your student handbook or refer to the classroom dress code poster.

### TESTING DATES

| <u>ACT</u>            | <u>DATE</u> |
|-----------------------|-------------|
| Test                  | Feb. 9      |
| <u>SAT</u>            | <u>DATE</u> |
| Registration Deadline | Mar. 9      |
| Test                  | Feb. 6      |

### NOTICE

For the protection and safety of all our students and staff, Paso Robles Joint Unified School District requires all visitors to provide a photo ID before entering school grounds.

### STREET AND SCHOOL SAFETY!

Students, please be careful and also advise your parents when dropping off or picking up from school not to stop in the middle of the street, open car doors or step into traffic. Do not jaywalk; there are plenty of marked cross walks to cross the streets safely and legally. Also please do not double park in the parking lot, please park in marked stalls only. There is also a marked loading and unloading zones for safe drop off and pick up. Finally if you are under 18 years of age you must wear a helmet when riding a bike, skateboard or scooter. Law enforcement officers will be enforcing the laws and issuing citations for any violations!

### **PARKING LOTS**

Bearcats, please know the parking lots are off limits throughout the school day including Nutrition Break and Lunch. Parking lots must be exited immediately upon arrival and departure before and after school (no loitering). Make sure your books, snacks, and lunches are in a backpack or on your person; we will not allow students to go to the parking lot at any time during the school day.

### **THOUGHT OF THE DAY!**

“The new year stands before us, like a chapter in a book, waiting to be written. We can help write that story by setting goals.” **Melody Beattie**