



# September 2021

## K-12 Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Edna's Blueberry Muffin or Cereal Apple Juice Fresh Fruit Milk	<b>31</b> French Toast or Cereal Apple Juice Fresh Fruit Milk	<b>1</b> Edna's Banana Muffin or Cereal Apple Juice Fresh Fruit Milk	<b>2</b> Cherry Frudell Apple Juice Fresh Fruit Milk	<b>3</b> Cini-Mini's Apple Juice Fresh Fruit Milk
<b>6</b> No School	<b>7</b> Edna Cinnamon roll or Cereal Apple Juice Fresh Fruit Milk	<b>8</b> Edna's Danish or Cereal Apple Juice Fresh Fruit Milk	<b>9</b> Apple Frudell Apple Juice Fresh Fruit Milk	<b>10</b> Concha's Apple Juice Fresh Fruit Milk
<b>13</b> Edna's Blueberry Muffin or Cereal Apple Juice Fresh Fruit Milk	<b>14</b> French Toast or Cereal Apple Juice Fresh Fruit Milk	<b>15</b> Edna's Banana Muffin or Cereal Apple Juice Fresh Fruit Milk	<b>16</b> Cherry Frudell Apple Juice Fresh Fruit Milk	<b>17</b> Cini-Mini's Apple Juice Fresh Fruit Milk
<b>20</b> Edna's Blueberry Muffin or Cereal Apple Juice Fresh Fruit Milk	<b>21</b> Mini Pancakes or Cereal Apple Juice Fresh Fruit Milk	<b>22</b> Edna's Danish or Cereal Apple Juice Fresh Fruit Milk	<b>23</b> Apple Frudell Apple Juice Fresh Fruit Milk	<b>24</b> Concha's Apple Juice Fresh Fruit Milk
<b>27</b> Edna's Dbl Chocolate Muffin or Cereal Apple Juice Fresh Fruit Milk	<b>28</b> French Toast or Cereal Apple Juice Fresh Fruit Milk	<b>29</b> Edna's Banana Muffin or Cereal Apple Juice Fresh Fruit Milk	<b>30</b> Cherry Frudell Apple Juice Fresh Fruit Milk	<b>1</b> Cini-Mini's Apple Juice Fresh Fruit Milk

\*Each meal includes a fruit, vegetable, and/or milk; Must Choose at least 3 Options.

\*All bread items served contain at least 51% whole grains with the remaining grains enriched OR are 100% whole grain.

\*Milk – 1% Unflavored; 0% Flavored

\*Menu is Subject to Change Without Notice

**\*This institution is an equal opportunity employer and provider.**



# September 2021

## K-8 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Corn Dog	31 Chicken Tacos	1 Tamale	2 Hamburger	3 Galaxy Pizza
6 No School	7 Tamale	8 Bean and cheese burritos	9 Chicken Tenders	10 Galaxy Pizza
13 Corn Dog	14 Chicken Tacos	15 Tamale	16 Hamburger	17 Galaxy Pizza
20 Grilled Cheese	21 Tamale	22 Bean and cheese burritos	23 Chicken Tenders	24 Galaxy Pizza

\*Each meal includes a fruit, vegetable, and/or milk; Must Choose at least 3 Options.

\*All bread items served contain at least 51% whole grains with the remaining grains enriched OR are 100% whole grain.

\*Milk – 1% Unflavored; 0% Flavored

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# September 2021 HS Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Corn Dog  Uncrustable Sandwich Cheese stick  Chicken Caesar Salad	31 Chicken Tacos  Spicy Chicken Sandwich	1 Tamale  Grilled Cheese Sandwich  Chicken Caesar Salad	2 Hamburger  Spicy Chicken Sandwich	3 Galaxy Pizza  Uncrustable Sandwich Cheese stick  Chicken Caesar Salad
6 No School	7 Tamale  Spicy Chicken Sandwich	8 Bean & Cheese Burritos  Grilled Cheese Sandwich  Chicken Caesar Salad	9 Chicken Tenders  Spicy Chicken Sandwich	10 Galaxy Pizza  Uncrustable Sandwich/Cheese Stick  Chicken Caesar Salad
13 Corn Dog  Uncrustable Sandwich Cheese stick  Chicken Caesar Salad	14 Chicken Tacos  Spicy Chicken Sandwich	15 Tamale  Grilled Cheese Sandwich  Chicken Caesar Salad	16 Hamburger  Spicy Chicken Sandwich	17 Chimichangas  Uncrustable Sandwich/Cheese Stick  Chicken Caesar Salad
20 Grilled Cheese  Uncrustable Sandwich Cheese stick  Chicken Caesar Salad	21 Tamale  Spicy Chicken Sandwich	22 Bean & Cheese Burritos  Grilled Cheese Sandwich  Chicken Caesar Salad	23 Lunch A: Chicken Tenders Lunch B: Bearcat Pizza	24 Lunch A: Bearcat Pizza Lunch B: Chicken Tenders  Uncrustable Sandwich/Cheese stick  Chicken Caesar Salad

\*Each meal includes a fruit, vegetable, and/or milk; Must Choose at least 3 Options.

\*All bread items served contain at least 51% whole grains with the remaining grains enriched  
OR are 100% whole grain.

\*Milk – 1% Unflavored; 0% Flavored

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